

Coaching Learning Group: Building Leadership Resiliency



**RESILIENT LEADERS THRIVE.
COME LEARN SKILLS TO BUILD RESILIENCE
IN YOURSELF AND IN YOUR ORGANIZATION.**

*Coaching Learning Group: An innovative, personalized development experience
combined with the power of peer-to-peer learning*

Coaching Learning Groups are small groups of leaders from a variety of industries who want more hands-on development opportunities around a specific area of focus. In this Coaching Learning Group, participants will:

- identify personal values
- explore obstacles and challenges to achieving goals
- gain an understanding of resiliency, resilient characteristics of a leader, and a tool box for building resilient behaviors
- practice new skills with the coach and with their peers as well as in their work environment
- outline strategies for continuing development.

Each session is facilitated by an Executive Coach.

When we have a clear sense of identity and purpose, we are more resilient, because we can hold fast to our vision of a better future.

Much of our resilience comes from community—from the relationships that allow us to lean on each other for support when we need it.

Make this Coaching Group your Community.

*Date: January – June
Last Tuesday of each month*

*Location: The Centre Offices in
La Jolla*

Time: 3-5pm or 6-8pm

*Cost: \$595 – includes
assessments and materials*



THE CENTRE
 FOR ORGANIZATION
EFFECTIVENESS
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